



# ITDA Group International Inc. Ltd.

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Add your Country Support below

ITDA Group Training Support

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## Standards Sheet & Training Guide

### Advanced Diver Program

Training Materials and Time needed for Study to obtain ITDA Group Academic Credit(s)

Theory	Description	Where to obtain	Credit(s)	Contact	Other	Total Hours
Advanced Diver	Self Study	*ITDA web	1.0	0		10 hours
Skills	Instructor Classes	Training Facility	2.5	14-16 hours		16 hours
					Self Study	10 hours
					Contact	16 hours
					Practical Skills	10 hours
					Total	36 hours

Student Name / Ref: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor/Trainer: \_\_\_\_\_ Date: \_\_\_\_\_

Practical Training and Time needed for Exercises to obtain ITDA Experience Credit(s)

Date / Time:	Skill Required	Comfort Level	Pass Grade	Grade Achieved	Score / Marks
	Pre Skills Comfort		4		
	Regulator Breathing		4		
	UW Swimming		4		
	Navigation		3		
	Buoyancy + Weights		4		
	Deep Diving		3		
	Position / Comfort		4		
	Ascents		4		
	Descents		4		
	Rescue Skills		4		
	Dry Suit Skills *Opt.		3-4		
				<b>Final Grade</b>	

Supervising Instructor **MUST** sign off all training for certification.

Instructor/Trainer: \_\_\_\_\_ Pass / Fail? Date: \_\_\_\_\_ Signed \_\_\_\_\_

ITDA ID No. \_\_\_\_\_ Assistant Name & Number: \_\_\_\_\_